



Pastoral Care and Wellbeing

St Bernadette's School mission statement of Loving our Learning, Living our Faith, Knowing our God inspires all in the school community.

We aspire to live the school's behaviour code of SHINE. The S in SHINE stands for - Show respect to myself, others and the environment. The thinking behind this statement is that we are all created in the image and likeness of God. So when we show respect and love to others we are respecting and loving God.

This is lived out each day in all relationships among students, staff, Board and Community.

- Our school and community climate is one of courtesy and respect.
- We strive to care for the whole child. When something goes wrong we look further than the immediate behaviour.
- We endeavour to be accepting and meet people where they are.
- Conflict resolution always aims for reconciliation.
- Our school is sensitive to the challenges faced in our community and makes provisions.
- Everyone is encouraged to take responsibility for their behaviour.

Relationship building is the foundation of all human work. Our challenge is to walk towards those we feel inclined to walk away from. We are called to reach out. We are called to serve this community.

At St Bernadette's we aim to foster resilience

- Resilience is our inborn capacity for self-righting
- All people have the potential for resilience
- Fostering resilience is a process not a programme

Some key protective factors in fostering resilience are that people feel;

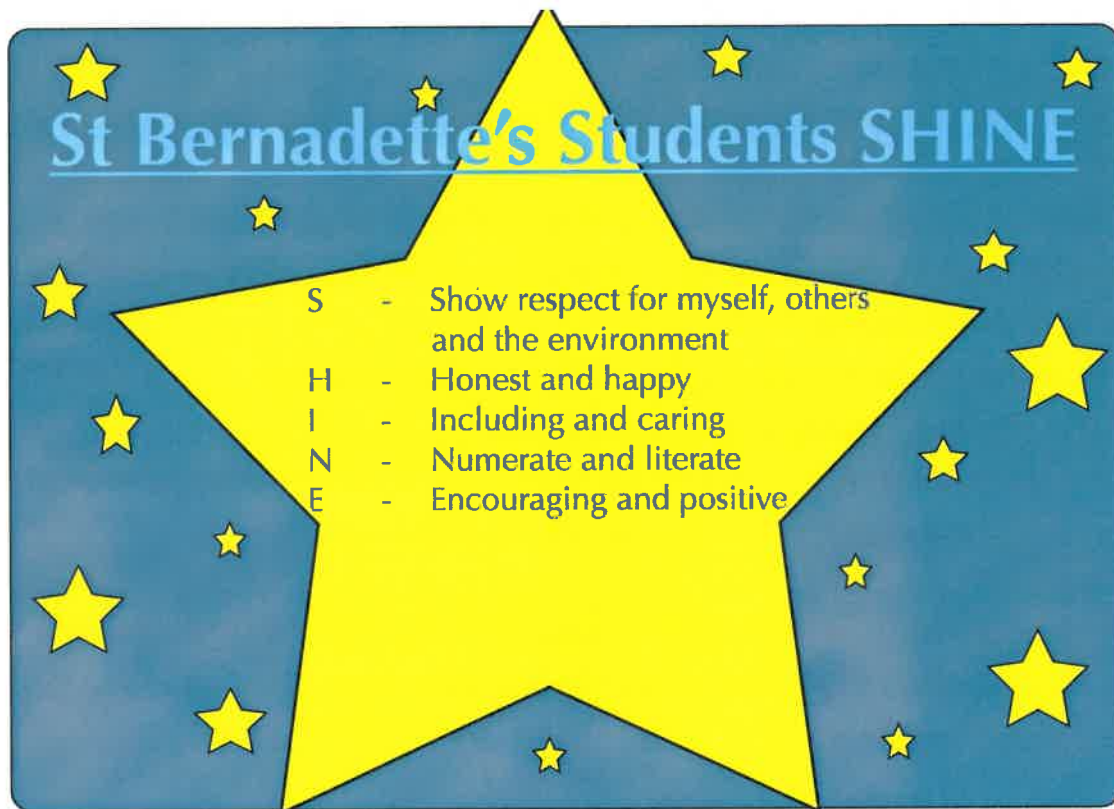
Connected - Valued - Secure

"Research indicates that resilient students do well in school despite adversity, and that students thrive in an educational environment imbued with genuine caring and concern from adults that have high expectations for student success and who promote student empowerment."
Henderson and Milstein 2003

"Using Humpty Dumpty as the analogy, we were no longer going to call for more horses and more king's men, instead we set ourselves the task of working harder at determining ways to make his shell stronger so that he would be less likely to fall to pieces when he took a tumble"
Principal – Yarrawonga Primary School

"Kids can walk around trouble, if there is a place to walk to and someone to walk with."
McLaughlin et al 1994

At St Bernadette's School we SHINE



SHINE has become our touchstone for how we do things here. SHINE is the focus of our major term 1 focus when students and teachers work together developing an image of what our classes and school would look and sound and feel like if everyone was able to SHINE.

We continue to think about SHINE as more than a list of rules or a code to act by. Seniors especially, are able to reflect on the fact that we are called to SHINE and be all that God created us to be. That means being our best selves and not just adhering to some rules.

